Curriculum Vitae

JOHN PATRICK GOMEZ, PhD

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ACADEMIC EMPLOYMENT HISTORY

Aug. '13 - Present — Professor, Department of Psychology, Our Lady of the Lake University [OLLU], San Antonio, Texas.
Teaching at the undergraduate. Advising 25-30 students per year. Research involves undergraduate student development and preparation for graduate school.

Jan. 2019 – Present — Project Manager, Office of Academic Affairs, Our Lady of the Lake University, San Antonio, Texas.
Responsible for establishing *Double Major in Four Years Degree Plans* for undergraduate majors. Reduced OLLU General Education course requirements from 52 to 37 hours in 2016-2018.

Aug. '09 – July '11 — Chair, BA Program, Department of Psychology, OLLU, San Antonio, Texas.
Represent B.A. Program at university meetings and functions. Manage daily office activities. Conduct faculty annual evaluations.

Aug. '06 – July '13 — Associate Professor, Department of Psychology, OLLU, San Antonio, Texas.
Awarded tenured status in 2008.

Aug. '01 - July '06 — Assistant Professor, Department of Psychology, OLLU, San Antonio, Texas.
Teaching at the undergraduate, masters, and doctoral level. Dissertation committee service. Research developed a training program to teach mental health caregivers to provide culturally sensitive services to Hispanic clients.

EDUCATION

Postdoctoral Study (in ethnic minority mental health research), Research Center for Group Dynamics, Institute for Social Research, *University of Michigan at Ann Arbor*, 1998-2000.

Ph.D. in Psychology, University of Michigan at Ann Arbor, May 1998.
Specialization: **Clinical** Psychology (APA-Accredited)
Dissertation Title: Exploring cross-group discrimination: The subjective experience of inferiorizing events.
Internship: Department of Psychiatry (outpatient and inpatient clinics), University Hospital, University of Michigan Medical Center (APA-Accredited internship).

M.A. in Psychology, University of Michigan at Ann Arbor, September 1994.
Thesis Topic: Defensive Self-Enhancement and its Negative Relationship to Psychotherapy Progress.

B.A. in Psychology, St. Mary's University, San Antonio, TX, May 1991.
Minor: Computer Science. Magna cum laude honors.

TEACHING INTERESTS

Clinical psychology and related topics, including adult psychopathology, theories, practice methods, and psychological assessment.
Undergraduate student professional development, especially preparation for graduate studies.
Research methods and measurement issues. Questionnaire design.
Intergroup relations, multicultural perspectives in psychology.

TEACHING EXPERIENCE – In-Person and Online

Department of Psychology, Our Lady of the Lake University, San Antonio, Texas.

***Undergraduate level*: Introduction to Psychology, Abnormal Psychology, Research Methods, GRE Exam Preparation, Preparing for Graduate School**

Masters level: Research Methods and Procedures

Doctoral level: Experimental Design & Statistics, Cognitive & Behavioral Therapies

ONLINE Teaching Experience

Undergraduate level: Introduction to Psychology, Abnormal Psychology, Research Methods, GRE Exam Preparation, Preparing for Graduate School.

AWARDS AND HONORS

Second-place award [$2,500] in OLLU's *Saints Success* Challenge for designing *"Double Major in Four Years Degree Plans"* for undergraduate students, May 2023.
OLLU Fleming Endowed Award (exemplary faculty service). May 2019.
OLLU 1895 Commemorative Award for Faculty Excellence (superior teaching). May 2018.
Hearst Funds awarded ($750) for conference presentations: 2015, 2017.

SERVICE TO UNIVERSITY (Our Lady of the Lake University, San Antonio, TX)

Member, Online Learning Advisory Council, Fall 2018 to Present.
Member, Undergraduate Curriculum Committee, Fall 2021 to May 2023.
Member, Enrollment Management Advisory Council, August 2015 to present and August 2022 to May 2023.
Member, Strategic Planning Team 10.1 "Create an Environment to Foster and Support Innovation". 2019. Leader: Rosalinda Garcia, VO Administration.
Member, Strategic Planning Team 4.2 "Upper-level student completion. Junior-senior Retention." 2019. Leader: George Williams, VP Student Affairs.
Co-leader (with Anne Gomez, Chief Communications Officer) Strategic Planning Team 4.10 "Implement double majors/minors options across all schools and colleges". Double Major in Four Years initiative [DMFY], Office of Academic Affairs overload contract Jan-Dec 2019.
Member, Academic Program Review Committee, Fall 2017 to Spring 2019.
Member, Institutional Advancement Advisory Council, August 2015 to Spring 2019.
Panelist speaker (faculty representative), OLLU Board of Trustees Annual Retreat, *Shared Governance*, October 10, 2018.
Member, Faculty Affairs Committee, Fall 2016 to May 2017.
Member, General Education Committee, Fall 2015 to May 2016.
Panelist speaker, *Exploring Academic Publishing*, February 10, 2015.
Consultant for program revitalization appointed by VPAA M. Evans, 2014-2016.

PROJECT MANAGER Roles

Jan. 2016 – Present **OLLU Coordinator for *Double Major in Four Years Degree Plans* for undergraduate majors**. Led OLLU Faculty Assembly to reduce the number of

General Education course requirements from 52 hours to 37 hours in 2016-2018, allowing several double majors to now be completed within the typical four-year 120-credit-hour college degree plan. This reimagined double major degree plan gives students greater return on tuition investment, greater opportunities entering the job market as well as job flexibility and mobility over a lifetime, and makes them more competitive when applying for jobs or graduate studies immediately after college. Outcomes: Since 2018, the number of double majoring students at OLLU has quadrupled.

Sept. 2017 – May 2018 **OLLU Coordinator for *Wings Up Summer Tuition Grant* for undergraduate majors** to pay tuition for two courses in Summer semesters. Responsibilities included designing proposal rules and criteria for pilot program in Summer 2018 that has continued every summer onto the present day. Grant was meant to decrease financial strain on undergraduates after institutional research showed that a number of undergraduates exhaust their financial aid eligibility before they graduate. Outcomes assessment in 2023 demonstrated that Grant recipients graduated 6 months faster, had higher GPAs, and persisted into the subsequent Fall semesters at greater rates than non-recipients.

ONLINE PRESENCE

(1) MENTORING **College Students - Blackboard LMS organization page, *Graduate Study in Psychology***, 2016-present.

This is a group mentoring effort I organized in the OLLU Department of Psychology for mentoring PSYC majors and minors. Graduate school bound students are invited to explore options for graduate study, including specialties and the various types of graduate degrees: the Masters, the PhD, and the PsyD in psychology. Here we want to support their personal decision-making about graduate school and teach them to look your very best in the application package you will soon submit to graduate schools.

Mentoring Message: "Start thinking strategically about your future professional self and your professional career. Really focus on this big decision and the next major step in your professional lives. Deciding what field you will pursue and what university you will attend are two of the biggest decisions you will make in your life." *Availability*: Only available within OLLU Blackboard learning management software system.

(2) MENTORING **Postdoctoral Scholars - SABER *Scholars Library***, 2018-present.

The *Scholars Library* is a growing collection of critical readings and sample materials to support the professional development of "SABER Scholars", postdoctoral research scientists housed at the University of Texas Health Systems (San Antonio) as part of the San Antonio Biomedical Education and Research (SABER) Program. I provide monthly updates to critical readings, articles, web links, reference books, sample teaching materials, and other professional resources to enhance their teaching and research skills and to advance career development. This online virtual library (https://iracda.uthscsa.edu/scholars-library/) includes 18 topics under three categories of

- ✓ Applying for Academic Jobs (job search sources, choosing the right job, the job market, the job search experience, components of a job application, cover letters and statements, job interviews),
- ✓ Career Advice: Life in Academia (publishing and research activity, daily life in academia, career development and relationships), and
- ✓ Teaching-Pedagogy (recommended books, lectures and classroom activities, classroom and laboratory approaches, students, advising and mentoring, testing and assessment, online teaching).

Part of UTHealth's NIH-funded Institutional Research and Academic Career Development Award (IRACDA) grant headed by Jim Lechleiter (Lechleiter@uthscsa.edu). My idea in creating this mentoring outreach tool in August 2018 was to pool resources into one central online location in order to expand outreach to all scholars.

My work supports Dr. Lechleiter's and IRACDA's goal of helping young scientist-instructors enhance their career potential and find their first faculty position.

RESEARCH INTERESTS

Mentoring. Undergraduate student development and preparation for graduate school.
Measurement and psychometrics, especially questionnaire design.
Mental health service delivery to Spanish-speaking client populations.
Intergroup relations and discrimination involving ethnic minorities (race) and women (gender).

PROFESSIONAL PUBLICATIONS

Gomez, J. (October 22, 2025) Double the Value of the 4-Year Degree. *Inside Higher Education* online. LINK: https://www.insidehighered.com/opinion/views/2025/10/22/double-majors-can-create-better-value-proposition-opinion?utm_source=Inside+Higher+Ed&utm_campaign=ca7f7a9a15-DNU_2021_COPY_02&utm_medium=email&utm_term=0_1fcbc04421-ca7f7a9a15-197800013&mc_cid=ca7f7a9a15&mc_eid=dbdcee20ba (national audience, peer-reviewed journal)

Gomez, J. (September 12, 2025) The Urgency for Outreach to Shy College Students. *Faculty Focus* online. LINK: https://www.facultyfocus.com/articles/effective-teaching-strategies/the-urgency-for-outreach-to-shy-college-students/ (national audience, peer-reviewed journal)

Gomez, J. (October 2, 2022) US Graduate Schools Should Not Reject the GRE. *Times Higher Education* online. LINK: https://www.timeshighereducation.com/blog/us-graduate-schools-should-not-reject-gre?cmp=1 (international audience, peer-reviewed journal)

Gomez, J. (2016) How to properly request letters of recommendation from your professors: Ask, don't tell. *Eye on Psi Chi* magazine, Washington, DC: American Psychological Association. LINK: https://www.psichi.org/page/203EyeSpr16cGomez (national audience, peer-reviewed journal).

Gomez, J. (June 2014) Directive Mentoring about Graduate School Plans with Underrepresented Psychology Students. Published in *Conference Proceedings of the University of New Mexico Mentoring Institute Annual Conference 2014*. Professors' directive mentoring inculcates the idea that a second degree after the bachelor's degree is normal for historically underrepresented psychology students.

Gomez, J. (Fall 2011) Bring It On: Preparing Yourself for the Graduate Records Examination, published by *Eye on Psi Chi* magazine. Psi Chi, the International Honor Society in Psychology and the American Psychological Association. LINK: https://www.psichi.org/page/161EyeFall11aGomez (national audience, peer-reviewed journal)

PROFESSIONAL PRESENTATIONS

Gomez, J. (May 4, 2024). *Mentoring for Career Planning: Outreach to the Shy Padawan* (mentee, learner, or apprentice; a Jedi apprentice within the Star Wars universe [conference theme]). Presented at 2024 Alamo Colleges Virtual Mentoring Conference hosted by Alamo Colleges District Faculty Development office. (invited speaker, state/regional professional audience)

Gomez, J. (June 26, 2023). *Choosing the Right Professor Job: Recommendations from the SABER*IRACDA Program Library.* Presented at 2023 National IRACDA Conference hosted by the University of Texas Health Science Center at San Antonio. IRACDA stands for the Institutional Research and Academic Career Development Award grant housed in UT Health Science Center by Drs. Jim Lechleiter & Babatunde Oyajobi. This national conference is a gathering of members of all 16 IRACDA programs in the U.S. (invited speaker, national professional audience).

Gomez, J. (September 29, 2022). *Creating an Online Platform to Connect with Students: Extending the Mentor's Reach.* Presented at 2022 Annual Alamo Colleges Mentoring Conference 2022 hosted by Northeast Lakeview College within Alamo Colleges District. (invited speaker, state/regional professional audience)

Gomez, J., Lechleiter, J. and Oyajobi, B. (July 11, 2022). *The Job Search Experience in 2022-2023: Recommendations from the SABER*IRACDA Program Library*. Presented at 2022 National IRACDA Conference hosted by University of New Mexico at Albuquerque. (invited speaker, national professional audience).

Gomez, J. (March 24, 2022) *Students In Difficulty: Assessing and Helping Struggling College Students*. UTeach Speaker Series, University of Texas Health Systems (San Antonio) Continuing Education. Audience: UT Health postdoctoral fellows, advanced graduate students, faculty members, research staff and residents/fellows interested in a career that includes teaching. (consultant to another university, local)

Gomez, J., Lechleiter, J. and Oyajobi, B. (June 22, 2021). *A Career Development Resource for Postdoctoral Scientists and their Mentors*. Presented webinar at 2021 National IRACDA Conference co-hosted by NYCAPS (Stonybrook University), INSPIRE (Rutgers University), and BETTR (Einstein College of Medicine). (invited speaker, national audience).

Gomez, J. (July 30, 2021) *Dealing With Stress During Your Postdoc*. Presented to UT Health San Antonio Postdoctoral Association (UP), a guest speaker at this monthly gathering of UTHealth postdocs. (invited speaker, San Antonio audience)

Gomez, J. (December 10, 2020) *Navigating Applications to Faculty Jobs During a Pandemic*. Hosted by 8th Annual San Antonio Postdoctoral Research Forum. (invited speaker online webinar, South Texas audience).

Gomez, J. (December 10, 2020) *Experiences and Recommendations in the Academic Job Search Experience*. UTeach Speaker Series, University of Texas Health Systems (San Antonio) Continuing Education. Audience: UTHealth postdoctoral fellows, advanced graduate students, faculty members, research staff and residents/fellows interested in a career that includes teaching. (consultant to another university, online webinar, local San Antonio audience)

Gomez, J., Lechleiter, J., Oyajobi, B. & McManus, L. [colleagues at University of Texas Health Science Center at San Antonio] (December 7, 2020) *A Career Development Resource for Postdoctoral Scientists and Mentors: UT Health's SABER*IRACDA Library*. Hosted by 8th Annual San Antonio Postdoctoral Research Forum. (invited speaker online webinar, South Texas audience).

Gomez, J. (October 15, 2020) *Students In Difficulty: Assessing and Helping Struggling College Students*. UTeach Speaker Series, University of Texas Health Systems (San Antonio) Continuing Education. Audience: UT Health postdoctoral fellows, advanced graduate students, faculty members, research staff and residents/fellows interested in a career that includes teaching. (consultant to another university, online webinar, local San Antonio audience)

Gomez, J. (October 8, 2019) *Students In Difficulty: Assessing and Helping Struggling Students.* UTeach Speaker Series, University of Texas Health Systems (San Antonio) Continuing Education.

Gomez, J. (March 11, 2019) *Extending the Mentor's Reach: Record your Career Advice to an Online Platform*. International Mentoring Association annual conference, University of Florida, Gainesville, FL. Category B (peer-reviewed presentation, international audience)

Gomez, J. (2019, February 19). *Advantages of an online platform to extend the mentor's reach* [Webinar]. In International Mentoring Association Webinar Series. Retrieved from https://mentoringassociation.webex.com/ec3300/eventcenter/recording/recordAction.do?theAction=poprecord&siteurl=mentoringassociation&entappname=url3300&internalRecordTicket=4832534b00000004db3997a43d9bedb66a6fd33de7282d87c6f782b4af71e524470ba5b95da0210e&renewticket=0&isurlact=true&format=short&rnd=1843451579&RCID=5a5a0e4357d618649218c4e160966e02&rID=18420747&needFilter=false&recordID=18420747&apiname=lsr.php&AT=pb&actappname=ec3300&&SP=EC&entactname=%2FnbrRecordingURL.do&actname=%2Feventcenter%2Fframe%2Fg.do (international audience)

Gomez, J. (November 2017) *Intrusive Mentoring of College Students Using the Blackboard Online Platform*. Paper published in Conference Proceedings for the 2017 Annual Conference of the Mentoring Institute at the University of New Mexico [UNM], Albuquerque NM. (national audience, peer-reviewed)

Gomez, J. (November 2017) *Intrusive Mentoring of College Students Using the Blackboard Online Platform*. Talk delivered at 2017 annual conference of the Mentoring Institute at the University of New Mexico, Albuquerque NM. (national audience, peer-reviewed)

Gomez, J. (November 2017) *Self-care During Final Exams.* Talk for student group Young Men of Promise, a student service group headed by OLLU's Drs. Quintanilla (ENGL), Pena (VPAA), Laney (CAS), and VP Delgado (Enrollment Management).

Gomez, J. (April 2017) *GRE Exam Preparation: Support Students by Teaching a Course*. Talk presented at the Southwest Psychological Association [SWPA] annual conference (Southwest Teaching of Psychology division) held in San Antonio TX. (national audience, peer-reviewed)

Gomez, J. (2016) *How to properly request letters of recommendation from your professors: Ask, don't tell.* Eye on Psi Chi Magazine, Washington, DC: American Psychological Association. (national audience, peer-reviewed journal). Described the most common mistakes when asking for a letter. Sidepiece described for students can influence the content of those letters.

Gomez, J. (November 2015) *Successfully Mentoring the Future Psychologists of Texas: Increasing Ethnic and Class Diversity*. Poster presented at the Texas Psychological Association Annual Convention, San Antonio, TX. Outcomes assessment from 2010 to 2012 demonstrated that we are improving student knowledge and preparation, demystifying the GRE exam experience, and successfully guiding the process of selecting and applying to graduate schools.

Gomez, J. (October 2015) *Preparing for graduate study in psychology: There's more to it than completing your bachelor's degree!* Talk presented at Department of Psychology, Texas A&M University at San Antonio, TX. Described how to make decisions about pursuing graduate study, as well as how to improve one's academic record and professional skills while in college.

PROFESSIONAL REFERENCES

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